



KIDS ENJOY EXERCISE NOW
greater dc

September 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Holiday - No KEEN Programs	4 Labor Day	5	6	7	8	9 Swim (MC) Otters 9:00 - 10:15
10 Teen Sports (MC) 12:15 - 1:30 1:45 - 3:00 Kids Music 12:30 - 1:30 1:45 - 2:45 Teen Club 3:15 - 4:30	11	12	13	14	15	16 Swim (DC) 9:15 - 10:00 Sports (DC) 12:00 - 1:15 1:30 - 2:45
17 Kids Sports (MC) 12:15 - 1:30 1:45 - 3:00 Teen Music 12:30 - 1:30 1:45 - 2:45	18	19	20	21	22	23
24 Teen Sports (MC) 12:15 - 1:30 1:45 - 3:00 Teen Club 3:15 - 4:30	25	26	27	28	29	30 Swim (MC) Dolphins 8:45 - 9:45 Seals 9:45 - 10:45