



KIDS ENJOY EXERCISE NOW
greater dc

January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Swim (MC) Dolphins 8:45 - 9:45 Seals 9:45 - 10:45 Sports (DC) 12:00 - 1:15 1:30 - 2:45 Tennis 1:00 - 2:00
7 Kids Sports (MC) 12:15 - 1:30 1:45 - 3:00	8	9	10	11	12	13 Swim (DC) 9:15 - 10:00
14 Teen Sports (MC) 12:15 - 1:30 1:45 - 3:00 Kids Music 12:30 - 1:30 1:45 - 2:45 Teen Club 3:15 - 4:30	15	16	17	18	19	20 Sports (DC) 12:00 - 1:15 1:30 - 2:45
21 Kids Sports (MC) 12:15 - 1:30 1:45 - 3:00 Teen Music 12:30 - 1:30 1:45 - 2:45	22	23	24	25	26	27 Swim (MC) Otters 9:00 - 10:15
28 Teen Sports (MC) 12:15 - 1:30 1:45 - 3:00 Teen Club 3:15 - 4:30	29	30	31			