



**KIDS ENJOY EXERCISE NOW**  
**greater dc**

# October 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Kids Sports (MC)</b> 12:15 - 1:30 1:45 - 3:00	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> <b>Sports (DC)</b> 12:00 - 1:15 1:30 - 2:45 <b>Tennis</b> 1:00 - 2:00
<b>8</b> <b>Teen Sports (MC)</b> 12:15 - 1:30 1:45 - 3:00 <b>Kids Music</b> 12:30 - 1:30 1:45 - 2:45 <b>Teen Club</b> 3:15 - 4:30	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b> <b>Kids Sports (MC)</b> 12:15 - 1:30 1:45 - 3:00 <b>Teen Music</b> 12:30 - 1:30 1:45 - 2:45	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> <b>Swim(MC)</b> Otters 9:00 - 10:15 <b>Swim (DC)</b> 9:15 - 10:00 <b>Sports (DC)</b> 12:00 - 1:15 1:30 - 2:45
<b>22</b> <b>Teen Sports (MC)</b> 12:15 - 1:30 1:45 - 3:00 <b>Teen Club</b> 3:15 - 4:30	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> <b>Swim (MC)</b> Dolphins 8:45 - 9:45 Seals 9:45 - 10:45
<b>29</b>	<b>30</b>	<b>31</b>				