



KIDS ENJOY EXERCISE NOW
greater dc

March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Fit 2:00 - 3:00 Sports 3:15 - 4:30 Adult Family Fit 3:15 - 4:15	5	6	7	8	9	10 Swim (MC) Otters 9:00 - 10:15
11	12	13	14	15	16	17
18 Bowling 1:15 - 2:30	19	20	21	22	23	24
25	26	27	28	29	30	31 Swim (MC) Dolphins 8:45 - 9:45 Seals 9:45 - 10:45